<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td>BBQ/Wok</td>
<td>Closed</td>
<td>From now on, there will be soft ice cream in the bistro again</td>
<td>Asia wok with chicken and vegetables in peanut sauce, served with Mie noodles</td>
<td>Beef rump steak with rosemary potatoes, baked beans, and sour cream</td>
<td>Freshly grilled haddock with potato salad, served with yoghurt dip with apple, cucumber, onions</td>
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<td></td>
<td></td>
<td></td>
<td>(4,9,12we,19,20,23,34)</td>
<td>(13,21,30)</td>
<td>(3,9,12we,13,15,17,18)</td>
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<tr>
<td>Offer of the day</td>
<td>Closed</td>
<td>Guangzhou pork loin roast (grilled, flavored) Cantonese style with ginger sauce, carrots, broccoli, and rice with peanuts (13,17,20,21,23,29)</td>
<td>Creamy goulash of beef with noodles (4,11,12we,13,17,21,30)</td>
<td>Escalope of pork loin (from rural production group) with gravy, fries, and citron (12we,17,29)</td>
<td>From now on, there will be soft ice cream in the bistro again</td>
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<tr>
<td>Vegetarian/Vegan</td>
<td>Closed</td>
<td>Vegetarian lasagna stuffed with vegetables in tomato sauce (12we,13,17,21,24,26)</td>
<td>From now on, there will be soft ice cream in the bistro again</td>
<td>Vital salad plate with lettuce, cucumber, and radish in orange mustard dressing, served with No Chicken nuggets and baguette (12hf,12we,18,20,27)</td>
<td>Vegan bratwurst with Dijon sauce, fried potatoes, and cress and roast onions garnish, side carrot salad</td>
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<tr>
<td>Lunch 1</td>
<td>Closed</td>
<td>Turkey breast with gravy, rice, and carrot salad (34)</td>
<td>Two warm cooked eggs in mustard sauce with salt potatoes Fruit yoghurt (13,18,26)</td>
<td>Fried potato dumplings with sauerkraut, herbs and onions, side herb dip and an Apple (12we,13,17,26)</td>
<td>Pan gyros (turkey breast) with Tzatziki dip and rice (13,34)</td>
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<tr>
<td>Pizza/Pasta</td>
<td>Closed</td>
<td>Pasta with dried tomatoes, zucchini, aubergine, broccoli, and olives</td>
<td>Spaghetti Aglio e Olio with olive oil, garlic, chili, leaf parsley, side tomato salad and sunflower seeds (12we,13,27)</td>
<td>Vegetarian pizza with feta cheese, cherry tomatoes, and pepper (12we,13,20,26)</td>
<td>Vegetarian pizza with feta cheese, cherry tomatoes, and pepper</td>
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<td>Vegetarian: With hard cheese (2,3,12we,13,21,27)</td>
<td>Vegetarian: With hard cheese (12we,13,27)</td>
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<td>(12we,13,20,26)</td>
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<td>Info box</td>
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The salad buffet, the soup buffet, and the desserts are again provided for you at any time. All dishes are also available in reusable packaging.

Guests pay a guest surcharge of 30%. Opening hours: Canteen 11:30 a.m. – 2 p.m.

The vending machine in the Canteen foyer can be used 24 hours/day.
List of Ingredients

1 With dyes
2 With preservatives
3 With antioxidant
4 With flavor enhancer
5 With phosphate
6 Surface waxed
7 Sulphurated
8 Blackened
9 With sweetener
10 Contains phenylalanine source
11 May contain residual alcohol
12 Cereals and cereal products containing gluten
   (We - Wheat, Ry - Rye, Sp - Spelt, Gr - Green spelt, Ba - Barley, hf-oat)
13 Milk and milk products
14 Crustaceans and products thereof
15 Fish and fish products
16 Molluscs and products thereof
17 Eggs and egg products
18 Mustard and products thereof
19 Sesame seeds and sesame products
20 Soy and soy products
21 Celery and products thereof
22 Nuts
   (Al - Almond, Pi - Pistachios, Ha - Hazelnut,
   Wa - Walnut, Ma - Macadamia nut, Ca - Cashew)
23 Peanuts and peanut products
24 Sulphur dioxide and sulfides
25 Lupines and lupine products
26 Vegetarian
27 Vegan
28 Meat and meat products
29 Pork
30 Beef
31 Veal
32 Venison
33 Lamb
34 Poultry

The offers/components with the JOB & FIT logo correspond to the “DGE quality standard for catering in businesses” and have been certified as a menu line by the German Nutrition Society (DGE).

*According to BIO certification DE-ÖKO-006